



# Family Connect and Support

## CAMDEN SERVICES

### EMERGENCY RELIEF

Nagle Centre Care & Support	02 4628 2928	Emergency relief is available in the form of food hampers, food vouchers, utility vouchers, pharmacy vouchers, clothing vouchers and non-furniture household vouchers for singles and families in financial distress
Emergency Relief: Food Vouchers - Tharawal Aboriginal Corporation	02 4628 4837	Emergency relief is available in the form of food vouchers for Indigenous individuals and families in financial distress.
Woodbine Neighbourhood Centre - ER	02 4625 1254	Emergency relief is available for individuals and families experiencing disadvantage. Aid includes food parcels.
Claymore Community Centre - ER	02 4626 2007	Emergency relief is available for individuals and families experiencing disadvantage. Aid includes food parcels.
Turning Points	02 4655 1567	Emergency food relief. Supermarket food cards and fuel cards are available however subject to stock availability.
Big Yellow Umbrella – Yellow Hampers	02 4647 1283	Emergency food relief to assist those in the community who have been impacted by situations outside of their control including domestic violence, Covid-19, Ill health, long-term carers, unemployment, and disadvantaged communities.
Salvation Army	1300 371 288	Emergency relief is available for individuals and families experiencing disadvantage.  Aid includes food parcels and financial assistance cards.



## Family Connect and Support

Anglicare	8624 8600	Emergency relief is available for individuals and families experiencing disadvantage.  Aid includes food parcels and financial assistance cards.
-----------	-----------	--

### **FINANCIAL**

Salvation Army Moneycare Narellan	02 9633 5011	Provide financial Counselling, you'll receive personalised advice on how to get through your money problems, and avoid trouble in the future. Importantly, our service is free and confidential.
Lifeline Macarthur	02 4645 7200	Consultations are available at Smeaton Grange, Campbelltown, Bowral and Penrith.
Anglicare Campbelltown - Financial Counselling	02 8624 8600	Assists families and individuals in financial difficulty or crisis including those experiencing difficulty paying debts or credit cards, have overdue gas or electricity bills, being harassed by creditors or debt collectors, facing legal action regarding debts, dealing with motor vehicle repossession, facing eviction and/or budgeting problems.
Focus Connect - Financial and Material aid	02 4627 1188	Provides emergency assistance in the form of food assistance; utility bills such as electricity, water & Telstra; and prescription medications assistance.
Nagle Centre Care and Support - SVDP	4628 2928	Provide help with utility bill payments, advocacy, referrals to brokerage services or clothing vouchers. Appointments are required.



## Family Connect and Support

### COUNSELLING

Connect Wellness - Wellways Australia	02 4666 0512	MH Support -live with severe and persistent mental health issues; are not already seeing a psychologist; are at risk of hospitalisation; are aged older than 16;
Baptist care Counselling and Family Services	02 8713 4333	Our clinically trained team at Campbelltown seek to provide hope in a safe and confidential space through individual counselling, couples counselling, relationship support programs and groups.
Catholic Care	02 4628 0044	We provide professional counselling for individuals, couples and families in locations across Sydney including relationships, domestic violence, dependencies and mental health support.
Uniting Counselling & Mediation Campbelltown	02 4629 7000	Provides counselling, support and referral for a range of personal and family problems.
Sexual Assault Counselling- Rosemeadow Community Health Centre	02 8738 4844	Provides face-to-face counselling for male & female children, young people and adults who are recent or past survivors of sexual assault. Children must be notified to the Department of Community Services.
Domestic Violence Counselling - Benevolent Soc	02 4633 3777	A counselling service specifically for women who are affected by domestic violence. Aboriginal counsellors are available. This service is temporarily offering only telephone support or telehealth video-conferencing.
Domestic Violence Counselling & Support - YHS SWSLHD	02 4633 0880	A specialised counselling and support service for at-risk children and young people who have been a victim of, or



## Family Connect and Support

		witness to, domestic violence. An accredited healthcare interpreter can be arranged if needed.
Big Yellow Umbrella and Ted Noffs	02 4647 1283	FREE Youth Counselling providing strategies for preventing and coping with Drug &/or Alcohol Concerns, Stress, Anxiety, Depression, Conflict & Relationships.

### FAMILY SUPPORT

Community Links Wellbeing	02 4683 2776	Provides information and referral to a diverse range of community members; builds the capacity of community members through groups, activities and skills development and provides projects and events that connect community members to their local communities.
Anglicare Services	02 4625 4666	Help in a crisis; Families & youth
Foundations for young parents	4633 3777	Support for parents on exploring what it is like to be a new parent and looking after themselves and baby; social groups; Living in Campbelltown and Camden LGA
Young Parent family worker	4633 3777	Works to improve the outcomes & well-being of families with young children; provides parenting support; facilitates informal support groups & access to appropriate support services
Macarthur Family & Youth Services	02 4620 4667	Providing casework support to children, young people and families in the communities
Bridges for Youth - Uniting	02 4629 5164	Bridges for Youth provide short term, early intervention programs for young people



## Family Connect and Support

		aged 12-17 and families living in Campbelltown, Camden, Wollondilly and Wingecarribee Local Government Areas
Brighter Futures - Uniting	02 4695 5122	The program provides services to families with at least one child aged under 9 years, or families expecting a baby, by providing intervention and support that will achieve long-term benefits for children
Child Youth and Family Support - Uniting	4628 3199	Child and Families Support (CAFS) provide short term, early intervention for children aged 0 - 12 and families living in Campbelltown, Camden, Wollondilly and Wingecarribee Local Government Areas.
Aboriginal Children, Youth & Family - MFYS	02 4620 4667	This diverse program offers support from an Aboriginal team to families with children aged 0 to 11 years and youth work to clients aged 12 to 17 years. The Nabu team can work with all of the family.
Waranwarin Child and Family Centre- Family Support Program	02 9820 7447	We work with all families who have Aboriginal children up to the age of 12 years old.
Big Yellow Umbrella – Children & Families	02 4647 1283	A Family Worker provides families with referrals to other services; delivers parenting support and education; facilitates supported playgroups and other activities that help build an enriched and connected community.