

Menu

★
Everyday

★
Occasional

🕒
Pre order
only by 9am

Please see manager
for special dietary needs

efpos

flexischools

Meal
Deal

\$2 bottled water

with any sandwich / salad / wrap



Daily Specials

MONDAY

Taste of Mexico
Ole



Made Fresh

★ **Mex Tex Nachos** \$4.50
Mexican beef, salsa, cheese,
sour cream & nachos

★ **Mexican Snack Wrap** \$3.00
Chicken, lettuce, cheese & salsa

TUESDAY

Taste of Asia
Lucky Dragon



Made Fresh

★ **Chinese Noodles** \$5.00
Chicken & noodles with Chinese BBQ sauce

★ **Vegetables & Noodles** \$5.00
With Chinese BBQ sauce

WEDNESDAY

Taste of Italy
Mamma Mia



Made Fresh

★ **Mac n cheese** \$3.50
..... \$5.00

★ **Penne Bolognese** \$3.50
..... \$5.00

THURSDAY

It's a Wrap
Snack Wrap



Made Fresh

★ **Sports Pack** \$7.00
Plain/Flavoured Water 750ml
Chicken Snack Wrap
BBQ, tomato or sweet chilli sauce

FRIDAY

Pizza Bar
Little Italy



Made Fresh

★ **Cheese Pizza** \$4.00

★ **BBQ Chicken Pizza** \$4.50

Classics

★ **Pasta Bolognese** S \$3.50 | L \$5.00
Made fresh

★ **Butter Chicken** \$5.00
With steamed rice

★ **Classic Chicken Burger** \$5.50
Chicken fillet, lettuce & mayo

★ **Peri Peri Chicken Burger** \$5.50
Chicken fillet, lettuce & mild peri peri mayo

★ **Aioli Chicken Burger** \$5.50
Chicken fillet, lettuce & creamy aioli mayo

☆ **Chicken Schnitzel Roll** \$6.00
Chicken, lettuce & mayo

★ **Classic Beef Burger** \$5.50
Chargrilled beef, lettuce, cheese, tomato sauce

☆ **Potato wedges** \$4.50
Sweet chilli sauce & sour cream

☆ **Sausage Roll** \$4.00

☆ **Spinach & Ricotta Roll** \$4.00

☆ **Meat Pie** \$3.00

Sides N Snacks

★ **Fruit Shaker** \$2.00

★ **Chicken Caesar Shaker** \$2.00

★ **Open Garlic Melt** \$2.00

★ **Cheese Toastie** \$2.00

★ **Chicken Snack Wrap** \$3.00

☆ **Hot Dog** \$3.00

★ **Chicken Strips** \$2.00

★ **Corn on the Cob** \$1.00

★ **Frozen Juice Icy** \$1.00

☆ **Muffins** \$3.00

★ **Frozen Slushie** \$2.00

☆ **Milo Bars** \$2.00

★ **Whole Fruit** \$1.00



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Sandwich Bar

CREATE IT & WE WILL MAKE IT

Unlimited options • Pre-order by 9am

SANDWICHES

Gluten Free Bread
Extra \$1.00

- ★ Breast Chicken, Lettuce & Mayo ... \$4.00
- ★ Leg Ham & Cheese \$3.50
- ★ Salad \$4.00
- ★ Egg & Lettuce \$4.00
- ★ Leg Ham, Cheese & Tomato \$4.00
- ★ Tuna, Lettuce & Mayo \$4.00
- ★ Leg Ham & Salad \$4.50
- ★ Breast Chicken & Salad \$4.50
- ★ Tuna & Salad \$4.50
- ★ Cheese \$2.00

WRAPS

Gluten Free Wrap Extra \$1.00
Half \$3.50 Full \$5.50

- ★ **Chicken Caesar**
Chicken, lettuce, lean leg ham & cheese
- ★ **Chicken Lettuce**
Chicken, lettuce & mayo
- ★ **Farmers Fresh**
Lettuce, tomato, cucumber, carrot & mayo

CONTINENTAL ROLLS

\$6.00

- ☆ **Chicken Schnitzel** Lettuce & mayo
- ★ **Sweet Chilli Chicken**
Lettuce & sweet chilli sauce
- ★ **Veggie Delite** Lettuce, tomato, cucumber,
carrot, cheese & perri perri mayo

TOASTIES

- ★ Cheese..... \$2.00
- ★ Leg Ham & Cheese \$3.00



Salad Bar

- ★ **Fruit Shaker** \$2.00
- ★ **Chicken Caesar Shaker** \$2.00
- ★ **Fruit Salad** \$4.00
Seasonal diced fruit
- ★ **Chicken Caesar Salad** \$5.00
Lettuce, diced skinless chicken breast, diced ham & cheese
- ★ **Fresh Garden Salad** \$4.00
Lettuce, tomato, cucumber, carrot & corn
- ★ **Chicken Pasta Salad** \$5.00
Chicken, pasta, corn, carrot & mild peri mayo



Pre – order
by 9am

Free
salad dressing:
• French
• Italian
• Caesar
• Creamy Mayo

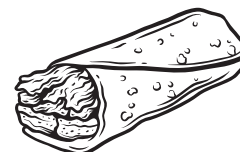
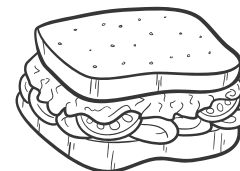


Drinks

- ★ **Water** 600ml \$2.50
- ★ **Pump Water** - Water 750ml ... \$4.00
- ☆ **Flavoured water** 600ml \$4.50
- ★ **Milkshake** 250ml..... \$3.00
chocolate | vanilla
- ★ **Milo** 200ml \$2.00
- ★ **Oak Milk**
chocolate | strawberry
300ml \$3.20
500ml \$4.20
- ★ **Popper Juice** 200ml \$2.00
Apple
- ☆ **Diet Can** 330ml \$2.50

Gold Coin Breakfast

- ★ **Juice Cup** 200ml \$1.00
- ☆ **Grilled Hash Brown** \$1.00
- ★ **Cheese Toastie** \$2.00
- ★ **Leg Ham & Cheese Toastie** \$3.00
- ★ **Fruit Shaker** \$2.00
- ★ **Milo** \$2.00
- ★ **Up & Go** 250ml | chocolate \$3.00
- ★ **Yogurt** \$3.50



Tomato & BBQ Sauce
30c